



MID-PACIFIC ATHLETICS

Jr. Owls Volleyball Clinic

Saturday, September 23

2:00-4:30

MID-PACIFIC GYMNASIUM



The coaching staff and players of the Mid-Pacific Girls Volleyball program are hosting a volleyball clinic for all K-6 grade Mid-Pacific students!

This is a great opportunity to meet the volleyball staff, learn the proper techniques and skills necessary to build a solid foundation in the sport, and to have fun and make connections with our volleyball players.

The clinic is **FREE** to all Mid-Pacific students, from Kindergarten to 6th grade. Participants will receive a Jr. Owls t-shirt, as well as some snacks after the clinic. To register, please visit My Pueo (Athletics or Elementary page) and click Jr. Owls volleyball link. Please register no later than Monday, September 18th to order the correct t-shirt size for your child.

All participants should wear socks and sneakers, shorts and a t-shirt.

Please call the Athletic Office with any questions (973-5095), and **Go OWLS!**

[Please log on to My Pueo \(Athletics or Elementary page\) to register](#)

